

10 POINTERS FOR PERFECT DESIGN PLACEMENT<sub>p.58</sub>

MAKE YOUR OWN SHOES + free pattern

**BEGINNER EMBROIDERY ESSENTIALS** 12 must-haves

for stitchout SUCCESS p. 14

> FIND OUR shopsewitall.com



JULY/AUGUST 2015 cmemag.com



## RECLAIM

your sewing room \_\_\_\_

Under a heap of fabric and notions your dream sewing space is waiting to be revived.

Reclaim your sewing room with Koala Studios.

You'll have optimal storage options and elegant furniture that matches your home décor.



### RECLAIM

your sewing room

SWEEPSTAKES

To help you out, Koala is giving away a Roll About Studio. It's just what you need to Reclaim Your Sewing Room.

Enter at: www.MyKoalaStudio.com

Sweepstakes ends May 31, 2015

Over \$5,000 in Prizes!

## For the Love of Sewing... it's more than just a slogan.

"I think that the people within Baby Lock have that Love of Sewing....
They listen to people.
They make machines that are user friendly, which matters hugely. If it was just some guy somewhere making a machine, we'd still be on a treadle."

Jenny Doan,

Missouri Star Quilt Co.

"As a consumer, I had called the consumer help line with an embroidery problem. Sharon gave me ideas to try, but also told me to call her back to let her know how it worked...I've never experienced that with any other company."

Diane Aholt, Baby Lock Education Manager "Let me show you this machine and how intuitive it is; you'll see how easy it is to use. This is a machine that's been made by people who know what they're talking about."

Mary Fons, Fons & Porter's "Love of Quilting"

"They test their machines ahead of time. They make sure before they put it out on the market that it runs perfectly. People sit down, and their first experience is a good one."

Eleanor Burns, Quilt in a Day "Baby Lock is a company that has a lot of values, has a lot of family values that meet my core family values. That was important to me."

Nancy Zieman, Sewing With Nancy



#### contents July/August 2015





## PATTERN!

#### in every issue

- 4 EDITOR'S LETTER news & notes
- 6 CONTRIBUTORS writer profiles
- **62** WHAT'S IN STORE connect online

#### columns

- 8 TIPS & TRICKS reader remarks
- 10 MUST HAVES product picks
- 14 BASIC TRAINING: essential embroidery tools
- 18 IN-THE-HOOP: zipper case
- 58 Q&A perfect placement



## Embroidery

VOLUME 14 • ISSUE 4

Content Strategist/ Editorial Director Senior Editor Managing Editor

Ellen March Amanda Carestio Veronica Graham Associate Editor Nicole LaFoille Kim Saba Freelance Technical Editor Online Editor Jill Case **Editorial Assistant** Jessica Ziebarth

Creative Director Graphic Designers

Sue Dothage Erin Hershey, Kathy Locke Donald Scott, Mellisa Karlin Mahoney

Pam Chavez,

Photography Photo Stylist

Tina Gill Illustrator Nathan Ziebarth, **Bekah Thrasher** 

Hair & Makeup Artist Beth Walker

F+W, a content + ecommerce company

Chairman & CEO CFO & COO President President Chief Digital Officer VP/E-Commerce

**David Nussbaum** James Ogle Sara Domville **David Blansfield** Chad Phelps Lucas Hilbert Phil Graham Stacie Bergei

VP, Group Publisher VP of Content Creative Director Creative Editor, Sewing Amber Eden

Senior VP/Operations

VP/Communications

Shahla Hebets **Helen Gregory** Larissa Davis

Newsstand Consultant TJ Montilli Online Marketing Manager Kyle Jessee LaRita Godfrey Retail Sales (800) 815-3538

ADVERTISING INQUIRIES

Associate Publisher

Wendy Thompson (910) 791-3832

Sales Manager

Wendy.Thompson@fwcommunity.com Mary-Evelyn Dalton MaryEveHolder@comcast.net

Digital Sales Manager

Laura Abel

Laura.Abel@fwcommunity.com

Online Advertising Operations

Andrea Abrahamson (303) 215-5686

SUBSCRIPTIONS U.S. (800) 677-5212

To order back issues call (800) 269-8024; (303) 215-5600 outside U.S. or go to www.shopsewitall.com.

DEALER INQUIRES WELCOME. Call (800) 815-3538 or (801) 816-8300.

Occasionally, our subscriber list is made available to reputable firms offering goods and seroccasionary, our susception list is made available to projudate limits offering global solid series that we believe would be of interest to our readers. If you prefer to be excluded, please send your current address label and note requesting to be excluded from these promotions to Creative Machine Embroidery, a division of F+W, A Content + eCommerce Company, 741 Corporate Circle, Ste. A, Golden, CO 80401 Attn. Privacy Coordinator.

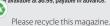
Vol. 14, No. 4. Creative Machine Embroidery (ISSN 1541-5414), is published bi-monthly, vol. 14, no. 4. Clear machine Enhances (1997) by a division of F-W, A Content + eCommerce Company, 741 Corporate Circle, Ste. A, Golden, CO, 80401. Periodicals postage paid at Golden, CO 80401 and additional maining offices. Copyright© 2015 by F+W Media, Inc. All rights reserved. Nothing may be ing onlines. Copyrigine 201s by 7+W wedia, inc. all rights reserved, wolding lindy be printed in whole or in part without permission from the publisher. Subscriptions are \$29.95 for 1 year (6 issues). Canadian subscriptions add \$6 per year (includes GST and postage). Elsewhere outside the U.S., add \$12 per year postage. Payment in U.S. funds must accompany all orders outside the U.S. For subscriptions, address changes and adjustments, write CME, P.O. Box 420235, Palm Coast, FL 32142-0235, or call 1-800-677-5212, or email cmembroidery@palmcoastch.com. Return undeliverable address to P.O. Box 4446, STN Industrial Park, Markham, ON L3R 669 Canada. Canada post publications agreement No. 41411572.

POSTMASTER: Send address changes to *Creative Machine Embroidery*, PO Box 420235, Palm Coast, FL 32142. Return undeliverable Canadian addresses to Bluechip International, PO Box 25542 London, ON NGC 6B2 Canada.

TO SUBSCRIBE: To subscribe to *Creative Machine Embroidery* magazine, or change the address of your current subscription visit Subscriber Services online at: cmemag.com.

You may also call or write: Phone: (800) 677-5212; International: (386) 597-4387; Email: cmembroidery@palmcoastd.com; Subscriber Services: Creative Machine Embroidery, P.O. Box 420235, Palm Coast, FL 32142-0235

Subscription rates for the United States and possessions: \$29.95 for one year (6 issues). Canadian subscriptions add \$6 per year (includes GST and postage). Elsewhere outside the U.S., add \$12 per year postage. Payment in U.S. funds must accompany all orders outside the U.S. Major credit cards accepted. Some back issues of Creative Machine Embroidery magazip— available at \$6.99, payable in advance.











#### features

- **20** FABULOUS FOURTH create the perfect 4th of July celebration station
- 28 LEAVE A MESSAGE create door hangings to leave messages for loved ones
- **32** BABY BEAUTIES make darling detachable collars for baby onesies
- 38 QUILT IN THE HOOP quilt a wall hanging using embroidery designs

- **42** GLITTER & GLOW TOTE make a tote perfect for Independence Day celebrations
- **48** FANCY FOOT WORK stitch a pair of custom-size flats
- 52 BACK TO SCHOOL embroider a custom backpack and pencil case

a note from the editor



NDEPENDENCE DAY is one of my favorite holidays for decorating (and eating), and the project on page 20 of this issue brings those two things together. When I think of July 4 festivities, I'm reminded of watermelon baskets full of melon balls and strawberries, burgers and hot dogs and, of course, my mom's blueberry pie.

Nothing makes food look better than when it's presented on a lovely tablecloth with handmade elements that help create lasting memories. A thoughtful table setting makes the party even more special, and giving guests a party favor of some kind adds to the fun. On page 20, you'll find the project how-tos to put together your own party in a snap.

This project is available as a kit, with the bunting pattern and all the fabric needed to make an adorable tablecloth, simple bunting, cute pie toppers and party-favor sparkler wraps. Plus, the full July 4 alphabet design collection, a *CME* exclusive including numbers, two sizes of letters, a star and the bonus Have Fun design featured on the sparkler wraps (64 designs in all!), is also included. Try your hand at embroidering our newest alphabet with this issue's freebie—the Have Fun design is available for a limited time for free at cmemag.com/freebies. Get it while you can!

There's so much to celebrate in the summer months—even if we're just celebrating the great weather. Along with poolside BBQs, birthday parties and more, it also seems like "baby season." I know babies are born every day of every month, but somehow I get invited to more baby showers in the summer than I do the rest of the year. Machine embroidery is the perfect embellishment for baby gear, and there are so many cute designs to choose from whether for a boy or girl. With embroidery, you can take a baby gift from blah to wow by embellishing a handmade blanket or a ready-made onesie. We've taken the "plop and drop" away from onesie embroidery with several detachable collar options, so they're usable as the baby grows. Check out page 32 for the details.

There's much more in this issue, from the custom made and embroidered ballet flats featured on the cover to a cute coin purse made totally in the hoop. I hope these projects inspire you to create fabulous garments, accessories, home décor and gifts to celebrate all things summer.

Ellen

Ellen March

#### coming attractions

Fall is right around the corner, and that means we're gearing up for Halloween. Find the how-tos for a sturdy candy basket complete with festive embroideries and an embroidered fur vest in the Sept/Oct issue, on newsstands Aug. 18, 2015.



top and the bottom.



## What makes it so perfect?

Original **IDT™** System – The ultimate in sewing perfection!

- Perfect seams on all fabrics, from light to heavy weight
- Integrated, no separate attachments needed
- Available on most PFAFF® machines
- A large assortment of presser feet for a variety of techniques

60 months Special Financing\* Available **Only 5.99**%

\$199/mo.

Perfect for the embroiderer.

creative sensation™ pro

**Limited Time Offer** 

FREE

passport™2.0



passport™ 2.0 with purchase of creative sensation™ pro

Offers valid May 1- June 30, 2015. See store for details.

To find a dealer near you, call 1-800-997-3233 or visit www.pfaffusa.com

BP F You To

© 2015 KSIN Luxembourg II.S.ar.l. All rights reserved. All statements valid at time of printing, PFAFF, PERFECTION STARTS HERE, IDT (image), PASSPORT and CREATIVE SENSATION are trademarks of KSIN Luxembourg II, S.ar.l.

\*Offer applies only to singlereceipt qualifying purchases at participating dealers. Interest will be charged on promo purchases from the purchase date at a reduced 5.99% APR, and fixed monthly payments are required equal to 1.933% of initial promo purchase amount until promo is paid in full. The fixed monthly payment will be rounded up to the next highest whole dollar and may be higher than the minimum payment that would be required if the purchase was a non-promotional purchase. Regular account terms apply to non-promotional purchases. For new accounts: Purchase APR is 29.99%; Minimum interest charge is \$2. Existing cardholders should see their credit card agreement for their applicable terms. Subject to credit approval. Fixed monthly payment examples do not include soles tax. Actual payments may vary.

#### contributors

#### lisa archer



("In the Hoop: Zipper Case"—page 18) is the owner and creative director of Pickle Pie Designs. She loves the challenge of creating in-the-hoop designs that reflect her personal style.

Home Base: Holly Springs, NC Visit: picklepiedesigns.com

#### christy burcham



("Quilt in the Hoop" -page 38) is a sewing educator, designer and blogger. Her passion is inspiring others to stitch by making embroidery and sewing stress-free and fun.

Home Base: Yukon, OK Visit: scissortailstudio.com

#### pamela cox



("Glitter & Glow Tote"—page 42, "Q&A"—page 58) received a fashion design degree from The Boston School of Design with an emphasis on patternmaking.

Purchasina her first embroidery machine in '07 added a new dimension to her education.

Home Base: Dublin, NH

#### julia griffey



("Petal to the Metal" —page 48) shares her projects and designs on her blog, Machine Embroidery Geek. When she's not digitizing, embroidering and writing about embroidery, she

teaches interactive digital media at Webster University. She has an MFA in new media design and an MA in apparel design.

Home Base: St. Louis, MO Visit: machineembroidervaeek.com

#### **Learn More**

about the experts and designers featured in this issue at cmemag.com.

#### kay hickman



("Basic Training: **Beginner Embroidery** Essentials"—page 14) is a Bernina of America educator and teaches seminars and classes throughout the U.S.

Home Base: Edmond, OK Visit: berningusg.com

#### margarita korioth



("Leave a Message"page 28) is a teacher by training and an artist by heart. She loves to create innovative projects, sometimes with a mixture of paper and fabric and sometimes with

fabric alone. Home Base: Collierville, TN Visit: margascrafts.blogspot.com

#### stacy schlyer



("Back to School" page 52) is a self-taught seamstress and selfproclaimed fabric junkie whose goal is the reach SABLE (Stash Accumulation Beyond Life Expectancy).

Home Base: Kansas Visit: stacysews.com

#### milinda stephenson



("Baby Beauties" page 32) teaches writing at FSU PC, sewing and embroidery classes at Jim's Vacuum and Sewing in Lynn Haven, Florida, and writes romance novels about

women who sew.

Home Base: Panama City Beach, FL Visit: milindajay.com, or on Twitter @milindajay



grab these embroidery designs and make your own beautiful things at www.urbanthreads.com

### tips & tricks



#### SAFETY PIN BIN

Use a Tic-Tac box for safe disposal of broken or dull needles.

Alice N., Facebook





#### **UNDER WRAPS**

Encase unfinished embroidery work in Press N' Seal plastic wrap to keep it protected.

Marilyn L., email

#### STABILIZED HANGING

Utilize a hanger that features an open end as storage for stabilizer rolls.

Missy L., Facebook





#### Send your tips and tricks

to info@cmemag.com or post them on our Facebook fan page at facebook.com/ creativemachineembroidery. If your tip is published, you'll receive a fabulous gift.





## Creating Designs just got easier (and a whole lot less expensive!)

This is a breakthrough in simplicity. You have to try it to understand how easy it is to draw with stitches. Applique, redwork, cross stitch, freestanding lace, satins, fills and more for \$169! Feeling inspired?



Yes, we know other software costs thousands. How do we do it? We sell a lot more. Our little team is driven to provide high quality and still make it affordable to everyone. It's a simple formula, and it works.



Level 2 adds multiple satin inputs, curved fills which you control, motifs with explosive effects, feathering, gradients, contour satin styles, echo quilting, candlewicks, french knots, freestanding underlay (richlieu bars) and more!

#### Essential Tools for Every Embroiderer!

### **Embrilliance Essentials**Create stunning compositions!

Embrilliance

Essentials

A Super Value!

- · Merge designs, Remove overlaps
- Re-Size, recalculate
- Change threads
- Edit sections

Level

s169!

- Convert formats
- Browse, even in .ZIPs
- · Letter, 12 built-in fonts
- Multi-line, Circle text
- Monograms, with layouts
- Built-in designs
- Project Advisor
- Split for Multi-Position Hoops
- Sew Simulator, Printing, cutting appliques and More!

Essentials is so EASY -- do more sewing spend less time at the computer!

Visit our facebook page and see why we are the best 'liked' embroidery software in the world.

Only



"Satisfaction Guaranteed!
You won't know how you lived without it!"
-Brian Bailie

Made in Brian's workshop at BriTon Leap

Mac <u>and</u> Windows versions are included with our software

www.Embrilliance.com





- 2. Stitch the Textile Transformations Out & About Tunic pattern for an easy summertime top that's the perfect canvas for beautiful embroidery. (\$20, shopsewitall.com)
- **3**. Avoid the mess from spray adhesives with Lapel Stick, the temporary water-soluble fabric adhesive that won't gum up your machine needle.

(\$5, shopsewitall.com)









1 ct





- 4. Keep your machine screen and other electronics clean and free of dust while showing off your crafty nature. The Fast2Clean microfiber cloths are available in several quilting motifs, including French Braid and Civil War sampler. (\$9.95, shopsewitall.com)
- **5.** Create personalized designs by combining lettering, monogram frames and appliqué designs with the bernette Embroidery Software Customizer. Perfect for new and budget-conscious embroiderers, the software features 30 fill stitches and auto underlay stitching to enhance your embroidery.

#### (\$249, mybernette.com)

6. Comfortable in shape and size, the Dritz LED Needle Threader features a bright LED that activates when the threader slides out of the case. The wire retracts, so it is protected when not in use. Finger grips provide stability and comfort, and a built-in thread cutter cuts thread to desired length.

#### (\$6.99, dritz.com)

7. Save time and make sewing easier with the Elna eXcellence 680. Take your sewing to new heights with a large workspace, 170 stitches, automatic thread cutter and 12 presser feet. (\$1,699, elnausa.com)

#### must haves

the latest & greatest tools & designs

- 1. Decorate your summer barbeque with bunting, napkins and a tablecloth adorned with the CME Fabulous Fourth design collection. (\$24.99 for small letters & numbers, \$36.99 for large letters & numbers, \$49.99 for large & small letters & numbers, shopsewitall.com)
- 2. Embellish garments, bags, towels and more with the Daisy Swirls collection from Bunnycup Embroidery. (\$20, bunnycup.com)
- **3.** Commemorate where you are, where you've been and where you come from with the State of the Heart collection from Urban Threads. (\$30, urbanthreads.com)
- **4.** Personalize your summer projects with the whimsical Renaissance **Alphabet** from the Martha Pullen 2015 Internet Embroidery Club. Club membership includes hundreds of machine embroidery designs plus several coordinating project tutorials. (\$69/annual membership, embroidery.marthapullen.com)
- 5. Bring an exotic touch to your home décor with the Moroccan Décor collection from Husqvarna Viking. Use designs as single motifs or combine them to create custom patterns. (\$79.90, husqvarnaviking.com)
- **6.** Get ready for the game with the **In** The Hoop Football Mug Rug and **Koozie Set** from Embroidery Online. Make a set for each sports fan in your life. (\$9.99, embroideryonline.com)
- 7. Create charming countryside wall hangings using the Bless Our Home Blackwork collection from Bird Brain Designs. (\$24, birdbraindesigns.net)

#### **CME EXCLUSIVE COLLECTION**





**Get the Fabulous** Fourth kit to create the Independence Day tablescape on page 20 to wow your guests. Find it at shopsewitall.com.





Get new designs monthly plus extra fun projects with an Internet Embroidery Club membership. Visit embroidery.marthapullen.com for more information.











Turn Your Favorite Photos, Fabrics, Paintings and More Into Embroidered Works of Art!

#### Scan it.

Use the amazing Flip-Pal™ mobile scanner to capture images virtually anywhere, anytime, from just about any source.

#### Digitize it.

PE-DESIGN® PLUS Embroidery Software with PhotoStitch features easy-to-use digitizing software for your Flip-Pal $^{\text{TM}}$  scans.

#### Stitch it.

Load those digitized images into your favorite embroidery machine, select the perfect shades of fleshtone thread from our Premium Embroidery Fleshtone thread pack, press a few buttons, and you have printed with thread!

Savings by purchasing the PhotoStitch™ Bundle:

| Perpendictor | Productor |

Works with virtually any brand embroidery machine!





For more information, visit:

brothersews.com I 1-800-4-A-BROTHER

## **EMBROIDERY ESSENTIALS**

by Kay Hickman

Discover the must-have and some nice-to-have tools and materials to help achieve embroidery success.



#### **HOOPS**

 Most machines include at least one hoop and offer additional hoop sizes for purchase. Hoop size depends on the machine sewing field, so check with your machine dealer to see if other hoop sizes are available. The larger the hoop size, the larger the design that can be stitched. However, for best results select a hoop size as close to the design size as possible.

#### **STABILIZER**

- Choose high-quality stabilizers. This makes a noticeable difference in the finished design appearance. Poor quality stabilizers make even the best digitized design look bad.
- Keep at least one cut-away, one tearaway, and one water-soluble stabilizer and topper in your stash. Use cut-away stabilizer when embroidering on knits or stretchy fabrics. Tear-away stabilizer is suitable for a variety of projects, especially when combined with a water-soluble topper. The topper is used on napped fabrics and items such as towels, to prevent the stitches from sinking into the fabric pile (A).

#### TEMPORARY SPRAY ADHESIVE

 Applying temporary spray adhesive and the chosen stabilizer to the project-fabric wrong side prevents the fabric layers from shifting during stitching. If using two stabilizer layers, adhere the two layers together before securing to the project fabric.

#### **NEEDLES**

- Use a needle designed specifically for embroidery. An embroidery needle has a larger eye than universal needles. The large eye prevents the thread from fraying when embroidering at high speeds.
- Typically, size 80/12 works for most projects, but always select the needle size according to the fabric type. The lighter the fabric weight, the smaller the needle and the heavier the fabric weight, the larger the needle. Select a ballpoint needle for knits.
- Titanium needles are more expensive, but last longer. In addition, the coating on titanium needles helps prevent needles from gumming up when using adhesive-backed stabilizers.

#### **FMBROIDFRY THRFAD**

- Most embroidery thread is 40-wt., is thicker than all-purpose thread and provides better coverage in an embroidery design.
- Rayon thread has a very high shine, but is fragile, which causes more thread breakage during embroidery and isn't bleach resistant.
- Polyester thread is best for items are laundered often or with bleach because it's bleach resistant and won't fade.
- Specialty polyester embroidery thread is available in many colors and has a three-sided thread strand that creates a more reflective surface that shines almost as well as rayon.

 When starting your thread collection, purchase a light, medium and dark shade of each primary color and three shades each of your favorite colors.
 Many designs are created with shading and highlights, and purchasing multiple shades of a color provides the most flexibility and options for designs.

#### **BOBBIN THREAD**

- Use a lighter weight thread in the bobbin than in the needle. Most bobbin threads are 60-wt. The difference in weight helps pull the needle thread to the fabric wrong side and makes the design look smooth and professional.
- The bobbin thread doesn't have to match the needle thread since it doesn't show on the fabric right side.
   Typically, white bobbin thread is used, but select a black bobbin thread when embroidering on dark fabric.
- Purchase bobbin thread in 3,000 to 5,000 yard cones because it's less expensive and a lot is used during stitching.





#### basic training

Get the kit; which includes the featured tear-away and heat-removable stabilizer, temporary spray adhesive, snips, needles and removable fabric pens.



#### SMALL SCISSORS OR SNIPS

· Select small scissors or snips with curved tips to precisely clip thread tails (B). Look for scissors with microserrated blades that grip the thread tail as it cuts.

#### PAINTER'S TAPE

• Painter's tape is wonderful to use when securing a topper. The tape holds the topper in place and is easily removed even if stitched over (C).

#### **NON-SKID MAT**

• Purchase a non-skid mat, such as shelf liner or a place mat, to make hooping easy. Place the mat on a flat surface, and then place the outer hoop over the mat. The non-skid surface prevents the outer hoop from moving as you insert the inner hoop and fabric or stabilizer (D).

#### MARKING PEN OR PENCIL

· Marking the design horizontal and vertical centerlines onto a garment or project helps ensure the correct design placement.

#### PAPER TEMPLATE

• Using a paper template of the design with the center horizontal and vertical axis marked makes it easier to determine the design placement. Audition the template over the project to select the desired position, and then transfer the center marks using a removable fabric marker (E).

• Some design collections come with printed paper templates. If no paper template is available, print out the design using embroidery software. Some embroidery machine companies provide free basic software for download.

#### **PROJECT TYPES**

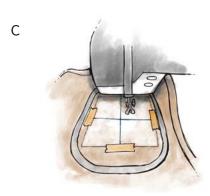
• Select old kitchen towels, bath towels, or sweatshirts to practice beginner embroidery designs and techniques. Or purchase some inexpensive clothing items at local thrift store.

#### SOURCE

Bernina of America provided the ArtLink 7 free embroidery software: bernina.com.



D







**CLEVER WALL** 

TRAY &

BAY LAUREL MIRROR

## Where creativity is homegrown

ALL NEW video & kit series

from CATHE HOLDEN and F+W

## Meet Cathe Holden



CATHE HOLDEN HAS

"THE EYE"; the eye for the dusty vintage find and how to make it sing with new life in an art piece or a living room vignette. She has the eye for making something inspired. Simply put, Cathe has the eye for knowing how to take the ordinary and make it extraordinary!

A maker, designer, collector, blogger, and author, Cathe teaches workshops out of her aptly named Inspired Barn in northern California, in wine country.

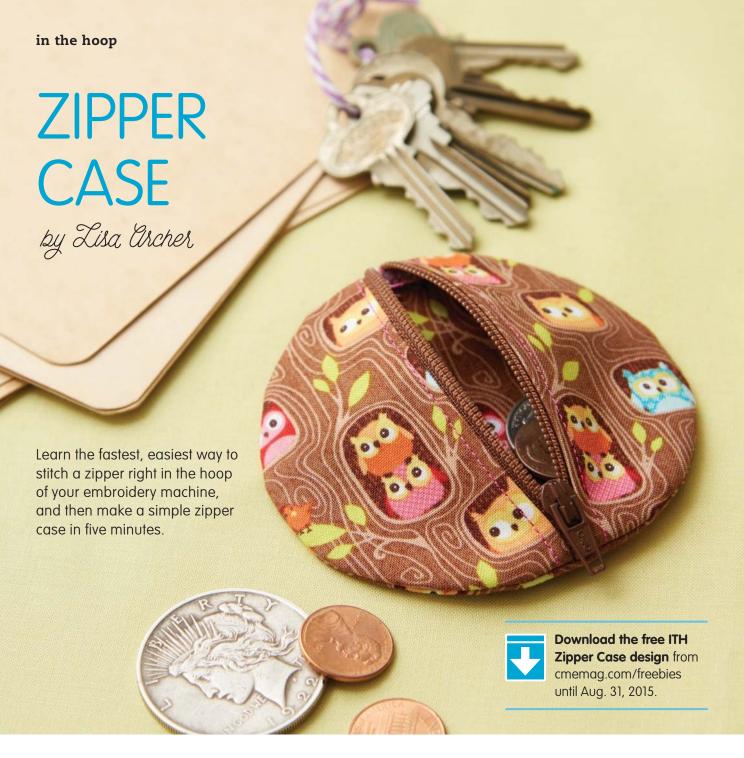
Now you can join Cathe on her creative exploration as she teaches and inspires you to take home décor to a whole new level, and transform simple into spectacular. Develop your "eye" and create your own stunning home décor with Cathe Holden's Inspired Barn video and kit series where creativity is homegrown.





interweavestore.com/cathe-holden





#### **ITH DESIGNS**

There are oodles of in-the-hoop designs on the market, so you can make anything from checkbook covers and zippered purses to potholders, luggage tags, reusable sandwich bags and more. It's exciting and rewarding to embroider an ITH design that allows you to complete a project in practically minutes. You don't even need to know how to

sew to complete an ITH project, since your embroidery machine does it all.

When purchasing ITH designs, choose reputable digitizers who take the time to include detailed instructions and photos with their designs. They should also include supply lists detailing fabric requirements, proper stabilizers and other items you'll need to complete the project.

#### **MATERIALS**

- + Fat quarter or ¼ yard of cotton fabric (See "Sources.")
- + 5"x7" hoop
- + Tear-away stabilizer
- + 7"-long (or longer) zipper with nylon or plastic teeth (See "Sources.")
- + Painter's tape

#### ZIPPER TIPS

- There's a wonderful variety of ITH zipper projects available. Try your hand at fully-lined zipper bags, bags that incorporate vinyl or mesh fronts for transparent detail and monogrammed bags that create a pretty personalized zipper creation all your own.
- The most important consideration with in-the-hoop projects featuring a zipper is the zipper selection. Always choose zippers with nylon or plastic teeth. Never use a zipper with metal teeth, as the needle will break. When deciding what length zipper to purchase, refer to the design's supply list. Many in-the-hoop zipper projects allow you to cut down the excess zipper tape, so you can use a zipper that's longer than the listed size.

#### **PREPARE**

- Download the zipper case design from cmemag.com/freebies.
- From the fabric, cut four 5" squares.
- With wrong sides together, fold two squares in half; press.
- Hoop a piece of tear-away stabilizer.

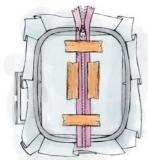
#### **EMBROIDER**

- Embroider the first color stop, which creates the zipper placement line.
- With the zipper right side up and the pull toward the hoop upper edge, center the zipper within the placement line. Use painter's tape to secure the zipper in place (A).
- Embroider the next color stop to tack the zipper in place. Remove the tape from the long edges only, leaving tape on the short ends.

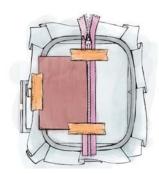
- Place one piece of folded fabric over the left side of the hoop, with the fold against the left edge of the zipper teeth and centered over the zipper stitching line. Tape the fabric in place along the raw edges (B).
- Embroider the next color stop to tack the fabric in place.
- Place the remaining folded fabric over the right side of the hoop, with the fold against the right edge of the zipper teeth and centered over the zipper stitching line; tape in place.
- Embroider the next color stop to tack the fabric in place.
- Unzip the zipper halfway. If you skip this step, the zipper will be sewn shut. Ensure the zipper pull is far enough away from the case edge that it won't be caught during the final stitching. Embroider the case-front stitches. Tape the zipper upper edge just beyond the stitches (C).
- With the right side down, place one fabric square over the design.
- With the right side up, place the remaining fabric square over the design; tape the edges to secure.
- Embroider the next color stop to complete the case.
- Remove the hoop from the machine and the project from the hoop. Remove all stabilizer from the case and trim the iump threads.
- Trim the fabric just beyond the design perimeter.
- Turn the case right side out through the zipper. Press the case, avoiding the plastic zipper teeth. 8



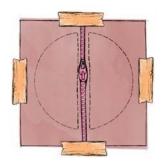
Α



В



C



#### DESIGN

ITH Zipper Case: Download the Zipper Case design from cmemag.com/freebies until Aug. 31, 2015. Purchase the design at picklepiedesigns. com after the expiration date.

Riley Blake provided the Happy Flappers fabric: rileyblakedesigns.com.

Shop Sew it All carries YKK #3 plastic teeth zippers: shopsewitall.com.

# fabulous

Create charming decorations for an Independence Day gathering to make the party extra special. Begin with an easy tablecloth and add a cute bunting, coordinating cupcake toppers and party favor sparkler wraps.







#### tablecloth

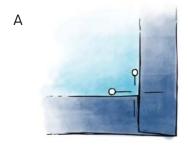
#### MATERIALS

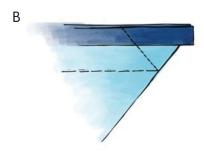
- + 1½ yards of fabric (See "Sources.")
- + Matching all-purpose thread

#### CONSTRUCT

- From the fabric, cut a 44" square.
   Fold the edges ½" toward the wrong side; press. Fold the raw edges ¼" inside the fold, creating a ¼"-wide hem; press.
- At each corner, place one pin perpendicular to the hem fold in the hem allowance only. Place a second pin in the opposite hem fold at the hem intersection (A).
- Unfold the corners, keeping the inner fold in place. With right sides together, match the pins at the folded edges. Mark a diagonal line from the pins to the ½"-wide foldline. Stitch from the pins to the point, backstitching at each end **(B)**•

- Trim ¼" from the seam, press open, and then turn the corners to the right side.
- Edgestitch the hem fold.







#### bunting

#### **MATERIALS**

- +6"x18" rectangles each of red, blue & yellow (or white) print fabric (See "Sources.")
- + Package of red double-fold bias tape
- + Lightweight tear-away stabilizer
- + Thread: black rayon embroidery & matching all-purpose
- + Removable fabric marker
- + Alphabet & number embroidery design collection (approximately 2"x2½")

#### **EMBROIDER**

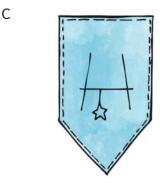
- Using the bunting template on page 27 and a removable fabric marker. trace six flags each onto the red and blue fabric. Trace four flags onto the yellow fabric.
- Load the "H" design into the machine. Thread the machine with black rayon thread in the needle and bobbin.
- · Hoop the red fabric with tear-away stabilizer, centering one flag in the hoop. Embroider the H.
- Repeat to embroider the letters P and T inside two additional flags. Remove

the fabric from the hoop, and then tear away the stabilizer.

- Repeat to embroider the letters A, Y and H onto the blue fabric inside three drawn flags, and the letters P and the number 4 onto the yellow fabric inside two drawn flags.
- · Check to ensure the letters are oriented in the center of each flag as desired. If not, redraw the flag templates to center each design.
- · When satisfied with the design placement, cut out each flag. Press from the wrong side.

#### CONSTRUCT

- · With right sides together, align one embroidered red flag with one plain red flag. Stitch the sides, leaving the upper edge free (C).
- · Repeat to stitch each flag, matching the fabrics.
- Turn each flag right side out through the upper-edge opening; press, avoiding the embroidery.
- · Press the bias tape. Fold it in half widthwise to find the center; pin-mark.
- Place the bias tape on a flat work surface with the longer folded edge facing up as the lower edge. Position each flag upper edge against the



D



bias-tape fold, spelling the phrase "Happy 4th." Center the flags along the bias tape, using the pin-mark as a guide and positioning each flag approximately 1/2" apart. Leave a 1" space between the Y and 4.

- Insert each flag upper edge inside the bias tape, abutting the flag upper edge with the bias-tape fold; pin each flag in place (D).
- Stitch the bias tape 1/8" from the foldlines to encase the flags and close the tape edges.

#### cupcake toppers

#### **MATERIALS**

Supplies listed are enough to create four cupcake toppers with names/phrases containing up to five letters.

- + Sheet of heavyweight red card stock
- + Yellow print fabric scrap (approximately 6"x8" to allow for hooping)
- + Thread: black rayon embroidery & matching all-purpose
- + Lightweight tearaway stabilizer
- +Glue: fabric-safe & suitable for paper
- + Toothpicks (one for each topper)

- + Scalloped, wavy or pinking shears (optional)
- + Alphabet embroidery design collection (approximately 1½″x2″)

CMEMAG.COM 23

#### **EMBROIDER**

- Hoop the fabric with tear-away stabilizer. Load the chosen letters into the machine to spell out a name or phrase. Group the letters to create
- one design. (The featured names were reduced 20% to create 2"-tall words.)
- Continue to create as many names/ words as desired to fit them into one hooping, leaving at least 1" between them.



#### **CONSTRUCT**

- Cut out each word, leaving a ½"
   perimeter. Fold the rectangle raw
   edges ¼" toward the wrong side;
   press. Edgestitch each rectangle using
   matching thread.
- Using fabric-safe glue, adhere one rectangle wrong side to the cardstock right side, leaving room for the
- remaining names/words. Trim the card stock ½" beyond the fabric perimeter using scalloped, wavy or pinking shears, if desired. Or cut the card stock using standard scissors. Cut a second piece of card stock to the same dimensions.
- Sandwich a toothpick between both pieces of card stock along the lower-
- edge center. Using glue suitable for paper, secure the toothpick between the card stock layers, adhering the card stock at the same time.
- Repeat to create the remaining cupcake toppers.
- Place each toothpick into a cupcake, mini pie or even an apple or other festive fruit.



#### sparkler wraps

#### **MATERIALS**

Supplies listed are enough to create four sparkler wraps.

- +2 sheets of heavyweight blue card stock
- + Red print & solid white fabric scrap (approximately 6" square each)
- + Thread: black rayon embroidery & matching all-purpose
- + Lightweight tearaway stabilizer
- + Fabric-safe glue
- + Scalloped, wavy or pinking shears (optional)
- + Alphabet embroidery design collection (approximately 1½"x2")

#### **EMBROIDER**

- Download the "Have Fun" embroidery design from cmemag.com/freebies.
   Load the design into the machine.
   Duplicate the design to fit two designs into one hooping, leaving at least 1" between each design.
- Hoop the red fabric with tearaway stabilizer.
- Embroider both designs. Remove the fabric from the hoop, and then tear away the stabilizer. Press the fabric from the wrong side.
- Repeat to embroider two designs onto the white fabric scrap.



**Download the "Have Fun" embroidery design** at cmemag.com/freebies until Aug. 31, 2015.

#### CONSTRUCT

- Cut out each design, leaving a ½"
   perimeter. Fold the rectangle raw
   edges ¼" toward the wrong side;
   press. Edgestitch each rectangle
   using matching thread.
- Using fabric-safe glue, adhere one rectangle wrong side to one card-stock right side, leaving room for the remaining designs. Trim the card stock 1/2" beyond the fabric perimeter using scalloped, wavy or pinking shears, if desired. Or cut the card stock using standard scissors. Cut a second piece of card stock to the same dimensions.
- With the card-stock rectangles wrong sides together, stitch the short edges, following the previous fabric stitching lines (E).
- Repeat to create each sparkler wrap.
- Insert a small box of sparklers between the card-stock layers, or insert four to five large sparklers between the layers and stick the sparkler ends into a sand-filled bucket for a cute presentation.

#### DESIGNS

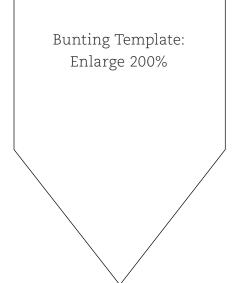
Download the Have Fun design free from cmemag.com/freebies until Aug. 31 2015. The design will be available for purchase at shopsewitall.com after the expiration date.

Large and small July 4 Alphabet, large and small July 4 Numbers, Have Fun design; shopsewitall.com.

#### SOURCE

Riley Blake provided the fabric: rileyblakedesigns.com.







#### Materials

Materials listed are enough to create four 20" square napkins.

- \* 11/4 vards of linen or cotton fabric
- \* Needles: size 80/12 universal & size 90/14 embroidery or topstitch
- \* 200mmx200mm embroidery hoop
- \* Floriani Template Tearaway
- \* Stabilizer: Wet N Gone Tacky, Wet N Gone (See "Sources.")
- \* Thread: coordinating all-purpose, bobbin & embroidery thread (See "Sources.")
- \* Spray starch (optional)
- \* Floriani Lace Borders embroidery design collection

#### Construct

- From the fabric, cut four 21" squares.
- Fold each square raw edge 1/4" toward the wrong side; press. Fold each edge another 1/4" toward the wrong side; press, and then edgestitch the first fold using a straight stitch and matching thread. Use spray starch if needed when pressing to create a crisp, smooth surface.
- Use Floriani embroidery software to create the desired monogram embroidery design and add a lace border (A).
- Print a design template onto the Floriani Tearaway Template.
- Hoop a piece of Floriani Wet N Gone Tacky stabilizer with the paper side facing up. Score the stabilizer inside the hoop perimeter using a pin. Remove the paper backing from the adhesive surface within the hoop.
- Trim the template around the printed design. Remove the backing paper, but keep it handy for storing the template. Adhere the template onto one corner of the napkin to determine the desired design placement.



Learn how to create the featured monogram embroidery design at rnkdistributing.com/articles-news.html.

- Adjust the template as necessary so the design is positioned on the napkin as desired and fits into the hoop area.
   The featured lace border falls <sup>3</sup>/<sub>4</sub>" off the finished napkin edge.
- Adhere the napkin to the hooped stabilizer, using the template to aid positioning and being careful not to adhere the template to the stabilizer.
- Transfer the center marks from the template onto the napkin.
- Remove the template from the napkin and place it on the paper backing for reuse.
- Place the hoop onto the machine.
- Slide a layer of Floriani Wet N Gone stabilizer under the hoop. Place strips of Wet N Gone stabilizer along the napkin edges to cover any exposed adhesive stabilizer within the hoop.
- Center the embroidery design according to the napkin marks.
- Embroider the design onto the napkin.
   Once the embroidery is complete, remove the hoop from the machine and the project from the hoop.
- Repeat to embroider the remaining three napkins.
- Carefully trim away all excess stabilizer from the designs and lace perimeters.

- Soak the napkins and rinse them in lukewarm water to remove the excess stabilizer. If the stabilizer doesn't entirely remove, add fabric softener to the water and re-soak.
- Let the napkins dry, and then press them using a press cloth to protect the embroidery.

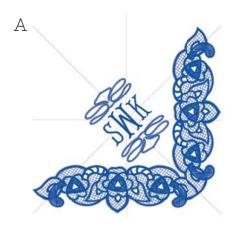
#### Designs

Monogram: Built-in lettering from the Total Control U Software: rnkdistributing.com

Lace: Floriani, Lace Borders: rnkdistributing.com

#### Sources

Floriani provided the Total Control U software used to digitize the design, Template Tearaway, Wet N Gone Tacky water-soluble stabilizer, Wet N Gone water-soluble stabilizer & embroidery thread: rnkdistributing.com.





Send fun notes to your family members using door knob messengers. Embellish the messenger with free-motion embroidery and beads.



#### **MATERIALS**

- + Two 9"x11" rectangles of craft felt in the desired colors
- + 3¾" square of skin colored fabric (face)
- +2"x3½" rectangle of dark colored fabric (hair)
- + Two 9"x11" rectangles of coordinating fabrics (front body)
- +8"x14" rectangle of fabric (pocket)
- + 1/8 yard fabric (back)
- + 1/2 yard of fusible interfacing
- + Fusible web scraps
- + Thread: 12- or 28-wt., 40-wt. polyester & hand embroidery
- + Tailor's chalk or removable fabric marker
- +10" length of string
- + Red & black markers
- + Hand sewing needle (optional)
- + Seed beads (design A; optional)
- + 4"x7" rectangle of accent fabric (design C; optional)

#### CUT

- From the back fabric, cut one 10" square.
- From the fusible interfacing, cut one 8"x14" pocket rectangle.
- Cut fusible web pieces to correspond with the front rectangles, face square, hair rectangle and backing square.
   Adhere the fusible web to the corre-



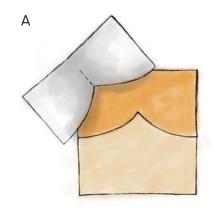
sponding piece wrong sides, following the manufacturer's instructions.

- Trace the messenger templates on page 31; enlarge, and then cut out.
- Trace the upper and lower body onto the desired front-fabric wrong sides. Cut away the circle from the upper-front body according to the pattern markings.
- Fold the hair rectangle in half widthwise. Round one folded corner according to the hair template. With right sides facing up, place one hair-rectangle long edge along one face-square edge; press to fuse (A).
- Place the lower body over one felt-rectangle lower half. Place the upper body over the felt rectangle, lapping the lower body by 1". Position the face square behind the circle opening; press to fuse. Edgestitch the messenger perimeter, face circle and the upper-body lower edge. Trim the felt edges to align with the messenger body.
- Fuse the pocket-rectangle interfacing to the pocket-rectangle wrong side. Fold the pocket rectangle in half lengthwise; press, and then unfold.

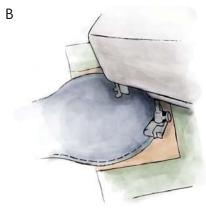


With wrong sides together, fuse the pocket upper half to the remaining felt rectangle.

- From the doorknob messenger patterns, choose the desired pocket design. Draw the horizontal and vertical centerlines onto the pocket lower-half right side to use as a guide for placing and stitching the design. Trace the pattern onto the pocket lower-half right side using chalk or a removable fabric marker, leaving ½" seam allowances on all sides of the design.
- Lower the feed dogs on the sewing machine.







#### **DESIGN A**

- Thread the needle with 12- or 28-wt. thread and the bobbin with 40-wt. thread.
- Stitch slowly, moving the pocket fabric under the needle to trace the design.
- Use a hand sewing needle to attach seed beads as desired inside the stitching.

#### **DESIGN B**

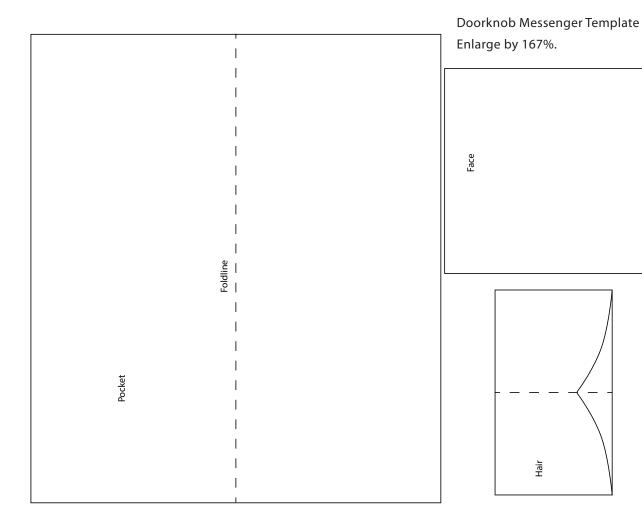
- Thread the machine needle with 12or 28-wt. thread and the bobbin with 40-wt. polyester thread.
- · Stitch per design A.
- Or thread a hand sewing needle with 12- or 28-wt. thread and hand stitch the design using straight and sheaf stitches and French knots.

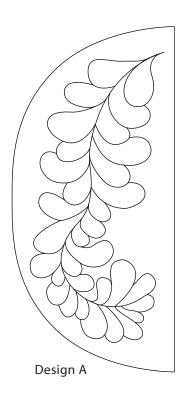
#### **DESIGN C**

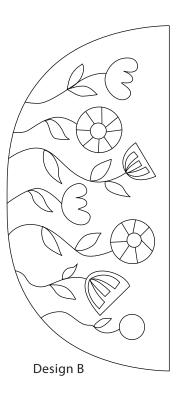
• Adhere fusible web onto the accent-fabric wrong side. Draw

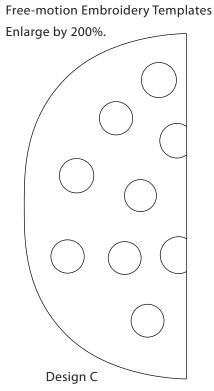
- ten ¾"-diameter circles onto the fusible-web paper backing; cut out. Remove the paper backing and place the circles over the pocket right side, at least %" apart to account for hand stitching.
- Thread the needle and bobbin with 40-wt. thread, and then edgestitch each circle perimeter.
- Thread a hand sewing needle with 12-wt. thread or embroidery floss and lazy daisy stitch each circle perimeter to form the flower petals. Attach a seed bead at the end of each petal, leaving 1/2" seam allowances along the pocket outer edges.
- Fold the pocket rectangle in half along the feet edge; press to fuse. With right sides facing up, position the pocket fold 31/4" from the messenger lower edge; pin. With the wrong side facing

- up, stitch along the previous edgestitching to secure the pocket (B). Trim the pocket fabric to match the messenger edge.
- Using a red marker, draw a mouth on the face circle. Using a black marker, draw eyes, or add two black seed beads.
- Place the messenger over the backing fabric; trace the perimeter, and then cut out. With wrong sides together, align the messenger and backing fabric.
- Fold the string in half, and then center it along the upper edge against the backing fabric, extending the loop toward the messenger body. Pin or use a tacking stitch to secure.
- Select a short zigzag/satin stich on the sewing machine. Stitch the messenger perimeter, catching the string along the upper edge. 🚱











#### round collar

Add a dainty heart embroidery and rickrack to a classic round collar for a airly onesie.

#### **MATERIALS**

- +Onesie (size newborn, 6 months or 12 months)
- + 1/4 yard of solid cotton fabric
- +1 yard of ½"-wide rickrack trim
- + Stabilizer: tear-away & water-soluble
- + 3/8" x 1/2" piece of hook-andloop tape
- + Thread: all-purpose, bobbin & embroidery
- + Temporary spray adhesive
- + Hand sewing needle
- + Embroidery design (approximately 1½ "x4")

#### **PREPARE**

- Download the Round Collar pattern and Heart embroidery design from cmemag.com/freebies until Aug. 31, 2015.
- From the fabric, cut two collars. Designate one collar as the lining.

#### **EMBROIDER**

- · Hoop a piece of tear-away stabilizer, and then spray with temporary adhesive. Center the collar front over the stabilizer. Position a piece of watersoluble stabilizer over the collar.
- · Thread the needle with embroidery thread and the bobbin with bobbin thread. Place the hoop onto the machine. Load the Heart design onto the machine.

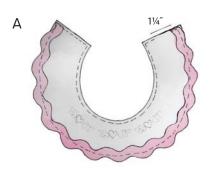
- · Embroider the design, changing thread colors as needed.
- Remove the hoop from the machine and stabilizer from the hoop. Carefully tear away the stabilizer from the design wrong side. Remove the water-soluble stabilizer according to the manufacturer's instructions.

#### CONSTRUCT

Use 1/4" seam allowances.

• Position the collar right side up on a flat work surface. Position the trim along the outer long edge on the collar right side, aligning the trim lower edge with the collar raw edge; pin.

· Position the lining wrong side up over the collar, aligning the edges; pin. Stitch the collar perimeter, leaving a 11/4"-long centered opening along one short edge for turning (A).





- Notch the seam allowances up to, but not through, the stitching line. Turn the collar right side out through the opening; press. Slipstitch the opening closed.
- Position the hook tape vertically along the right center-back edge near the neckline on the collar right side; pin. Hand or machine stitch the hooktape perimeter. Repeat to stitch the loop tape along the left center-back
- edge near the neckline on the lining side (B).
- Slightly stretch the onesie sleeve lower edge; measure and record. Cut a length of trim according to the measurement. Position the trim lower edge along the sleeve lower edge; pin. Stitch along the trim center.
- Repeat to stitch trim the remaining onesie sleeve.





#### **MATERIALS**

+Onesie (size newborn, 6 months or 12 months)

rickrack trim and starfish embroidery.

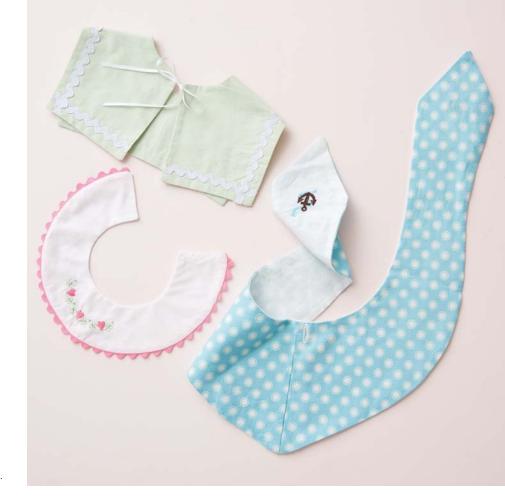
- + 1/4 yard of print cotton fabric
- + 1 yard of ½"-wide rickrack trim
- + ½ yard of ¼"-wide grosgrain ribbon
- + Tear-away stabilizer
- + Thread: all-purpose, bobbin & embroidery
- + Temporary spray adhesive
- + Removable fabric marker
- + Hand sewing needle
- + Embroidery design (approximately 1½" square)



**Download the free Heart** and Starfish designs and collar patterns from

cmemag.com/freebies until Aug. 31, 2015. The designs and patterns will be available for purchase at shopsewitall.com after the expiration date.





#### **PREPARE**

- Download the Square Collar pattern and Starfish embroidery design from cmemag.com/freebies until Aug. 31, 2015.
- From the fabric, cut two collar fronts on the fold and two collar-back pairs.
   Designate one collar front and two collar backs as the lining.

#### **CONSTRUCT**

*Use ¼" seam allowances.* 

- With right sides together, stitch the front and back collars at the shoulders. Repeat to stitch the front and back linings.
- With right sides together, stitch the collar and lining perimeter, leaving a 2"-long centered opening along one short edge for turning. Clip into the seam allowances up to, but not through, the stitching line along the curved edges.
- Turn the collar right side out through the opening; press. Slipstitch the opening closed.
- Measure the collar-back lower edge; record. From the trim, cut two lengths according to the measurement. Repeat to measure and cut trim lengths according to the side-edge and frontlower edge measurements.

• Position one trim length along one collar-back right side ½" from the lower edge; pin. Stitch along the trim center. Repeat to stitch the remaining trim along the opposite lower edge, sides and front-lower edge.

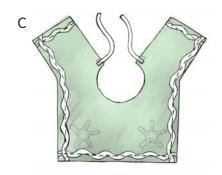
#### **EMBROIDER**

- Measure 1½" from the collar-front left edge and 2" from the lower edge; mark using a removable fabric marker. Repeat to measure and mark the collar-front lower-right corner.
- Hoop a piece of tear-away stabilizer.
   Spray with temporary adhesive.
   Center one collar marking over the stabilizer; finger-press to secure.
- Thread the needle with embroidery thread and the bobbin with bobbin thread. Place the hoop onto the machine. Load the Starfish design onto the machine.
- Embroider the design. Remove the hoop from the machine and stabilizer

from the hoop. Carefully tear away the stabilizer from the design perimeter. Repeat to embroider a second starfish on the opposite marking.

#### **FINISH**

- Cut the ribbon length in half widthwise.
- Position one ribbon short end parallel to the left neckline edge at the center back; pin. Stitch the ribbon short-end perimeter to secure. Repeat to stitch the remaining ribbon piece to the right-collar edge (C).





#### sailor collar

Ahoy matey! Stitch a reversible sailor collar with anchor embroidery designs for a fun nautical style.

#### **MATERIALS**

- +Onesie (size newborn, 6 months or 12 months)
- + 1/4 yard each of solid & print cotton fabric
- +21/4" length of 1/4"-wide elastic
- +%"-diameter button
- + Stabilizer: tear-away & water-soluble
- + Temporary spray adhesive
- + Thread: all-purpose, bobbin & embroidery
- + Removable fabric marker
- + Hand sewing needle
- + Embroidery design (approximately 1"x134")

#### **PREPARE**

- Download the Sailor Collar pattern from cmemag.com/freebies until Aug. 31, 2015.
- Cut two collars each from the solid and print fabric. Designate the print fabric as the lining.
- With right sides together, stitch the collars along the center-back edge; press open. Repeat to stitch the lining pieces.

#### **EMBROIDER**

- Mark each collar-tie center 3" from the point using a removable fabric marker.
- Hoop a piece of tear-away stabilizer; spray with temporary adhesive. Cen-

- ter one mark within the hoop, ensuring the tie is verticle; finger press to secure **(D).** Position a piece of watersoluble stabilizer over the collar.
- Thread the needle with embroidery thread and the bobbin with bobbin thread. Download the Anchor design from janome.com. Load the Anchor design onto the machine.
- Place the hoop onto the machine. Embroider the design, changing thread colors as needed.
- Remove the hoop from the machine and stabilizer from the hoop. Carefully tear away the stabilizer from the design perimeter. Remove the watersoluble stabilizer according to the manufacturer's instructions. Repeat to embroider the opposite collar tie.

#### **FINISH**

- Stitch the collar and lining perimeter with right sides together, leaving a 2½"-long opening along the lower back edge for turning.
- Clip the seam allowances up to, but not through, the stitching line along the curved edges. Turn the collar right side out through the opening; press.
   Slipstitch the opening closed.
- Position the collar right side up on a flat work surface. Mark a <sup>3</sup>/<sub>4</sub>-long vertical buttonhole along the right-collar neckline edge along the center back.
- Hand or machine stitch a buttonhole at the marking; cut open.
- Hand stitch a button along the onesie neckline at the center back.

- Hand stitch an elastic loop 21/4" from the onesie neckline at the center front (E).
- Button the collar to the onesie at the center-back neckline and thread the collar ties through the elastic loop to secure.

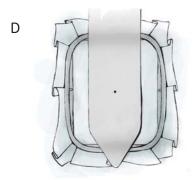
#### DESIGNS

Download the free Heart and Starfish designs from cmemag.com/freebies until Aug. 31, 2015. The designs will be available for purchase at shopsewitall.com after the expiration date.

Download the Anchor design at janome.com until Aug. 31, 2015.

#### SOURCES

Janome provided the Artistic Suite embroidery software and Janome 12000 embroidery machine: janome.com.







#### **MATERIALS**

- +Fat quarter each of medium green (A) & medium blue (C)
- +1/2 yard each of dark green (B) & dark blue (D)
- +1 yard of white or light-colored fabric (E; background)
- + 1½ yards of coordinating fabric (F; backing & binding)
- + Cotton quilting thread
- +42" square of cotton lowloft batting
- +Quilting embroidery designs

#### **CUT**

- From fabrics A and C, cut four 5¾" squares. Cut each square in half diagonally twice, for a total of 16 quarter-square triangles.
- From fabrics B and D, cut eight 5%" squares. Cut these squares in half diagonally for a total of 16 half-square triangles (A).
- From fabric E, cut one 8½" square, two 5"x26" rectangles, two 5"x38" rectangles (or 5"x the fabric width) and eight 5¾" squares. Cut the 5¾" squares in half diagonally twice, for a total of 32 quarter-square triangles.
- From fabric F, cut one 42" square for the backing and four 2½"x42" strips for the binding.

#### **CONSTRUCT**

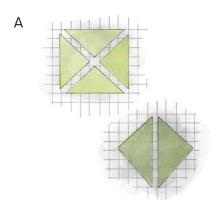
Place fabrics right sides together and use \( \frac{1}{4}'' \) seam allowances.

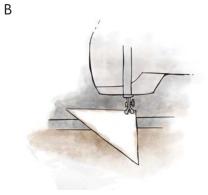
- Align the binding-strip short edges at a 90° angle; stitch using a diagonal seam to create one continuous strip.
- Align one fabric-E triangle with one fabric-A triangle. Stitch one short

straight edge, beginning along the square edge **(B).** 

- Press the seam allowance toward fabric A. Repeat for all fabric-A triangles to form 16 units. When the unit is opened up with the long edge at the lower edge, arrange fabric A on the right.
- Align one fabric-B triangle with one fabric-A/E unit. Stitch the long diagonal edge.
- Repeat for all fabric-B triangles to form 16 units. Trim the units to 41/2" square.

- Align one fabric-E triangle with one fabric-C triangle. Stitch one straight short edge, beginning at the square edge.
- Press the seam allowance toward fabric C. Repeat for all fabric-C triangles to form 16 units. When the unit is opened up with the long edge at the lower edge, arrange fabric C on the right.
- Align one fabric-D triangle with one fabric-E/C unit. Stitch the long diagonal edge.





#### **QUILT TIPS**

Follow these tips for best results when embroidering quilting designs.

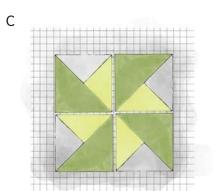
- · Use the same weight and color thread in the needle and the bobbin. Use traditional 40-wt. embroidery thread or 50- or 60-wt. cotton quilting thread for a finer, matte look.
- The stitching is visible on both the quilt front and back, so pull the bobbin thread to the guilt right side before embroidering to prevent it from catching in the embroidery on the quilt back.
- · Hoop the quilt top, batting and backing as one. In most cases, the batting and backing act as stabilizer for the quilt top and no additional stabilizer is needed.
- Pay attention to the bulk of the quilt as you hoop and place the designs. Keep the bulk of the fabric to the outside of the machine so it doesn't get caught against the machine frame or in the embroidery area during stitching.
- · Consider the shape of the block when choosing designs. Print a paper template to audition the quilting design over the piecing.

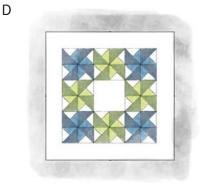
- Repeat for all fabric-D triangles to form 16 units. Trim the units to 4½" square.
- Arrange four like units to form a block, rotating the units to form a double pinwheel (C).
- Matching the seams and points, stitch the four units together to form a block. Trim the block to 8½" square.
- Repeat to create four fabric-A/B blocks and four fabric-C/D blocks.
- · Arrange the blocks in three rows and columns, alternating the blocks and placing the plain white block as the center square.
- Stitch the block edges to form rows, and then stitch the row edges, matching the seams and points. The finished square should measure approximately 241/2".
- Stitch one 5"x26" rectangle to the guilt lower edge. Repeat to attach the remaining 5"x26" rectangle to the upper edge. Trim the rectangles to align with the quilt edges.
- Stitch one 5"x38" rectangle to the quilt right edge. Repeat to attach the remaining rectangle to the left edge. Trim the rectangles to align with the quilt edges (D).

- Trim the finished quilt top to 37" square.
- With the wrong side up, place the guilt backing on a flat work surface. Center the batting and guilt top right side up over the backing. Baste the layers together using temporary spray adhesive, safety pins or a hand running stitch.

#### **EMBROIDER**

- Enlarge the designs to fit the quilt block. The featured designs were enlarged to 7¾" square to fit within the blocks.
- Print a template of each guilting design at actual size from the embroidery software.
- Center the printed template onto the center quilt block to determine placement. Mark the design center on the block (E).
- Hoop the entire basted quilt, using the hoop template if applicable to ensure the block is centered and straight within the hoop (F).
- Thread the machine with the desired thread in the needle and bobbin.
- Place the hoop onto the machine and select the desired embroidery design.

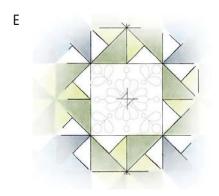


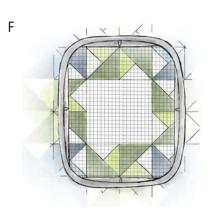


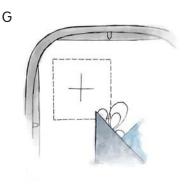
Adjust the design placement within the hoop to align with the block marked center if necessary.

- Use the hand wheel to pull the bobbin thread to the right side.
- Embroider the design.
- Repeat to embroider each of the remaining eight quilt blocks.
- Print templates of the chosen border designs. Or combine border designs as desired in embroidery software; save as a new design, and then print a template. Audition the templates on the quilt border; mark the design centers on the quilt.
- Hoop the quilt, centering one design center within the hoop. The quilt top may not fit within the hoop, but the larger backing and batting allows the project to be hooped.
- Place the hoop onto the machine and adjust the design placement within the hoop to align with the marked design center if necessary.
- Use the baste-in-the-hoop function if available, as the quilt-top edges aren't secured by the hoop (G). Embroider the design.
- Once all border designs are complete, trim the backing and batting to align with the quilt top. Clip any jump threads.
- Bind the quilt edges using the fabric-F binding strips in the method of your choice.

DESIGNS
OESD, Quilting Blooms #12531, available at
Embroidery Design Studio; embdesignstudio.com









Create a tote bag large enough to hold a beach towel with pockets to hold magazines and sunblock. Embellish the tote with metallic embroidery to make a big splash at the pool or beach.

> **FREE PATTERN** FOR A LIMITED

#### METALLIC THREAD

Traditional metallic thread is either cotton, polyester or nylon fiber covered with metallic material. A second type of metallic thread is actually a flat and thin metallic polyester film that reflects more light, creating an intense sparkle. In addition, an aluminum layer is added to the polyester film, enabling light to fracture in seemingly endless colors.

Always follow a few rules to successfully embroider with metallic filament. Select a needle with a large eye, such as a metallic or topstitch needle. A large needle eye reduces tension and prevents thread breakage during stitching.

Proper embroidery requires equal tension between the needle and bobbin thread. If the needle and bobbin thread are different weights, decrease the needle tension to prevent unbalanced tension which creates distorted stitching.

Thread the bobbin with 40-wt. rayon thread in a similar color to the metallic thread. If the tension is slightly off during stitching, the matching bobbin thread pulled to the fabric right side will blend in with the needle thread.

Friction between the thread and needle eye or needle penetrating the fabric cannot be eliminated, but can be controlled. Install a new, sharp needle into the machine and decrease the speed to prevent friction that causes thread breakage.

Place metallic threads and filaments on a vertical spool to allow the thread to enter the machine at the ideal angle to prevent the thread from twisting and breaking during stitching.

If stitching problems with metallic threads and filaments continue, visit the thread brand website for additional stitching suggestions. Or switch to a high-quality, name-brand thread to eliminate embroidery issues.

#### **MATERIALS**

- +1 yard each of 45"-wide duck cloth (exterior) & 44"-wide print cotton fabric (lining)
- + 1¾ yards of 22″-wide mediumweight fusible interfacing
- + Lightweight sheer cut-away stabilizer
- +Thread: all-purpose & metallic or metallic filament
- + Needles: size 80/12 universal & size 100/16 topstitch
- + Removable fabric marker
- + Floral scroll embroidery collection

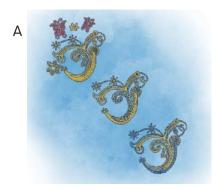
#### **PREPARE**

- Prewash, dry and press all fabric.
- Download the Glitter & Glow Tote pattern from cmemag.com/freebies until Aug. 31, 2015. Purchase the pattern at shopsewitall.com after the

- expiration date. Tape together, and then cut out the pattern pieces.
- From the exterior fabric, cut two front/ backs, two exterior pockets, two side pockets, two sides and two straps.
- From the lining fabric, cut two front/back linings, two sides, one interior pocket, two strap accents, two exterior pocket linings and two side pocket linings.

#### LAYOUT

- Select several floral scroll designs of various sizes, and then open them in embroidery software.
- If desired, delete or skip over design elements or certain color stops to create a new design. The featured bag eliminated a butterfly over the background floral, deleted color stops and used different thread to create a new design (A).
- Arrange the designs as desired for the front-panel upper edge in an embroidery area up to 4½"x14" and



front exterior pocket in an area up to 7¼"x13½", making sure the two design sets are one cohesive unit **(B).** 

- To add more interest, select a horizontal design layout for the front-panel upper edge and a vertical or circular design layout for the pocket. In the featured bag, the design layout for the front panel places two identical designs horizontally and deletes two color stops in each design. The back panel has two identical designs and deletes three color stops in each design.
- If the designs or software can't delete color stops, manually stop and advance the embroidery machine through the desired colors during stitching.
- Many embroidery editing programs allow various design elements to be deleted from a design. However, if a design cannot be completely isolated, some necessary stitches may inadvertently be removed. Forward the machine at the end of the design element to ensure continual stitching (C).
- The front-pocket layout contains the same design placed vertically and horizontally, and a second design placed vertically and deletes a color stop in each design.
- The back-pocket layout contains two different circular designs and deleted color stops. In addition, certain stitches during embroidery were deleted to mimic an exploding firework.

If omitting certain design stitching steps, completely test-stitch the design to know exactly when to change thread colors, stop the machine or manually skip a stitching sequence.

- The side-pocket layout contains designs in an embroidery area up to 2"x7".
- Once satisfied with each design layout, save each individual layout under a file name

#### **EMBROIDER**

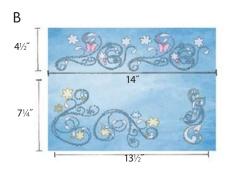
- Load the exterior front-panel design onto the machine. Install a new size 100/16 topstitching needle. Thread the needle with metallic thread or filament and the bobbin with matching 40-wt. rayon thread.
- Hoop the exterior front panel right side up over a piece of lightweight cut-away stabilizer.
- Place the hoop onto the machine. Reduce the machine stitching speed.

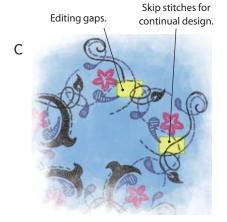
- Embroider the design, changing thread types, colors and skipping stitching sequences as needed.
- Remove the hoop from the machine and the fabric from the hoop. Remove the stabilizer from the design wrong side following the manufacturer's instructions. Press the fabric right side down over a terry cloth towel, covering the wrong side with a press cloth to protect the metallic thread.
- Repeat to embroider the exterior back panel, exterior pockets and side pockets.

#### CONSTRUCT

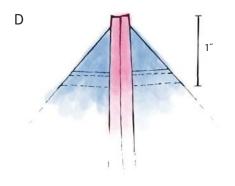
*Use ½" seam allowances unless otherwise noted.* 

- Trim the exterior front and back panels to measure 14½"x16", the exterior front and back pockets to measure 8½"x16" and the side pockets to measure 3"x8½".
- Fold the interior pocket in half widthwise with right sides together; press.
   Stitch the short ends and open long edge, leaving 2½"-long centered opening on the long edge for turning.





- Press open and grade the seams, and then clip the corners. Turn the pocket right side out through the opening; press. Designate the pocket folded edge as the upper edge.
- Center the pocket 3½" below the lining-back upper edge; pin. Topstitch 1½" and ½" from the pocket lower and short edges.
- With right side together, align one lining side-panel long edge with the lining-front short edge; pin, and then stitch. Repeat to stitch the lining-back short edge to the opposite lining side-panel long edge. Repeat to stitch the remaining lining side panel to the remaining front and back short edges, leaving one 5"-long centered opening for turning.
- Press open the seams, and then topstitch each panel 5/6" from each seamline.
- To box the corners, flatten one lining corner with right sides together, matching the side and lower seams; pin. Stitch 1" from the corner point (D). Repeat to box the remaining corner.





- Fold the boxed corner toward the side panel; press. Hand stitch the corner point to the side-panel seam allowance.
- With right sides together, stitch the exterior front pocket and one lining exterior-pocket upper edge using a ¾" seam allowance. Press the seam allowance toward the lining. Fold the exterior and lining pocket with wrong sides together, favoring the lining ¾" toward the exterior pocket and using the seam allowance as a guide; press.
- Position the exterior front panel right side up on a flat work surface.
   Position the exterior pocket right side up over the front panel, aligning

- the lower edges and sides; pin, and then baste.
- Repeat to stitch the exterior back pocket and side pockets to the corresponding panels.
- Thread the machine with metallic thread or filament in the needle and matching thread in the bobbin.
   Topstitch the exterior front and back pockets to divide the pockets as desired.
- Thread the needle with all-purpose thread.
- With right sides together, align one exterior side-panel long edge with the exterior front-panel short edge; pin, and then stitch. Press open the

seam. Repeat to stitch the back-panel short edge to the opposite side-panel long edge. Repeat to stitch the remaining exterior side panel to the remaining front and back short edges.

- To box the corners, flatten one exterior tote corner with right sides together, matching the side and lower seams; pin. Stitch across the corner 1" from the point. Repeat to box the remaining corner.
- Turn the exterior bag right side out.
- With right sides together, align one strap long edge with one accent-strip long edge; pin, and then stitch. Repeat to stitch the opposite strap long edge to the opposite accent-strip long edge.
- Fold the strap in half lengthwise with right sides together; press.
   Stitch the long edge; press open.
   Turn the strap right side out through one short end. Press the strap flat, centering the accent strip. Topstitch the strap ¼" from the accent strip seamline on either side.
- Using a removable fabric marker, mark the strap placement on the exterior front 3/8" from each side seam.
- Align the short ends of one strap with the marks, making sure the strap isn't twisted; pin. Baste the strap to the bag using a 3/8" seam allowance (E).
- Repeat to construct and attach the remaining strap to the bag back.
- With right sides together, insert the bag exterior into the bag lining. Ensure



Ε

the lining back and exterior back are aligned. Fold the handles downward and out of the way. Stitch the bag upper edge; press open the seam.

- Turn the bag right side out through the lining opening. Hand stitch the opening closed.
- Push the lining into the exterior. Favor the bag upper edge toward the lining; press.

DESIGNS Graceful Embroidery, The Fleur de Grunge Collection: gracefulembroidery.com



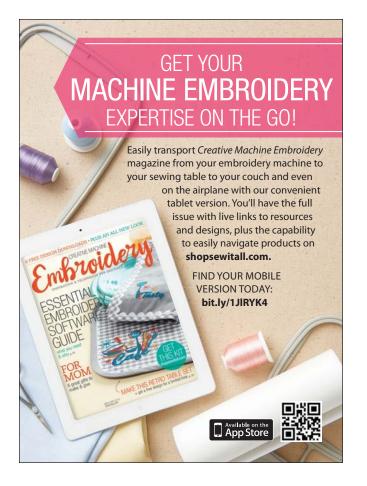


Web seminars are 60-minute extensive tutorials on specific topics that will elevate your sewing, take your projects from homemade to professional, and inspire your love to create. You could even learn how to make money with your craft—by setting up an online shop or teaching others for a fee.

The seminars are offered as live events, so you have all-access to the instructor during the lesson and can ask questions and make comments. But if you've missed one or cannot attend during the available time slot, the seminars are always available on demand so you can watch at any time on your schedule.

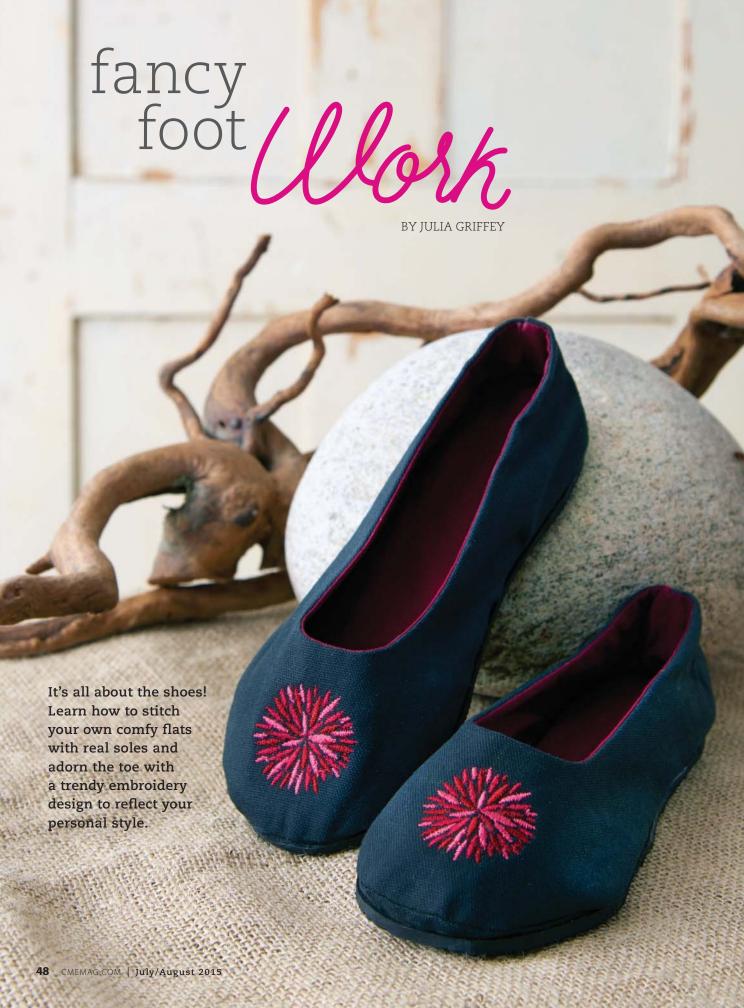
Visit shopsewitall.com for seminar topics and schedules!







Visit BuzzTools.com to see what the "buzz" is all about!



#### **MATERIALS**

Materials listed are enough to make one pair of size 8 ballet flats.

- + 3/s yard each of exterior fabric (such as duck cloth), lining fabric (such as cotton broadcloth) & heavyweight fusible interfacing
- + Paper-release adhesive stabilizer
- +Thread: bobbin & embroidery
- + Rubber soling (See "Source.")
- + Pair of foam insoles
- + Removable fabric marker
- + Tracing wheel and paper
- + Fabric glue
- + Contact cement
- + Scrap of plywood (larger than shoe sole)
- + Wood clamps
- + Embroidery design (approximately 2" square)

#### **PREPARE**

Download the flower embroidery design and shoe pattern from cmemag. com/freebies until Aug. 31, 2015.
 Follow the instructions on the first pattern page to determine which pages to print for your shoe size.

• Cut out the sole and upper pattern pieces. Align the red dash lines on each pattern to the matching page; tape to secure.

Verify that the pattern is printed to the correct scale by measuring the 1" square on the pattern pages.

- Fold the exterior, lining and interfacing fabric in half lengthwise.
- From the interfacing, cut one sole and upper pair.
- Place the sole and upper pattern onto the exterior fabric, leaving a 1½" perimeter around each pattern piece; pin or tape to secure.
- Using a removable fabric marker, trace each pattern perimeter, and then add seam allowances 5/8" beyond the pattern perimeter. Transfer the seamline to the opposite fabric side, using a tracing wheel and paper.
- Cut out the sole and upper pieces along the outer lines. Repeat to cut one sole and upper pair from the lining fabric.
- Note the inside and outside on each exterior and lining upper piece.

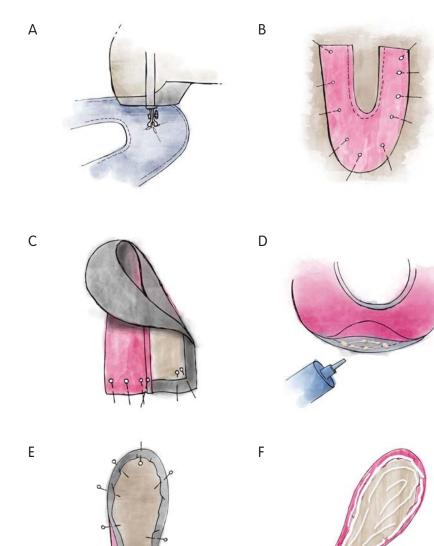


**Download the free Flower design** from cmemag.com/freebies until Aug. 31, 2015.

- Mark the design center on each exterior upper on the fabric right and wrong side as indicated by the pattern.
- Center each interfacing piece over each corresponding exterior-upper wrong side; fuse, following the manufacturer's instructions.

#### **EMBROIDER**

- Hoop a piece of paper-release adhesive stabilizer with the paper side facing up.
   Score the paper inside the hoop and remove the paper to reveal the adhesive. Mark the stabilizer center within the hoop and extend the lines to the hoop edges.
- With right sides together, fold one exterior upper in half lengthwise along
  the vertical design axis line. Align the
  fold with the marked vertical line on the
  hooped stabilizer and align the upper
  and the hooped stabilizer horizontal
  lines. Unfold the upper and finger-press
  it onto the stabilizer.
- Load the Flower design onto the embroidery machine. Thread the needle with embroidery thread and the bobbin with bobbin thread. Place hoop onto the machine.



- Embroider the first petal set (A). Once finished, trim the jump threads and change the thread color if desired.
- Repeat to embroider the second and third petal set.
- Remove the hoop from the machine and the fabric from the hoop. Remove the stabilizer from just beyond the design perimeter.
- · Repeat to embroider the remaining exterior upper piece.

#### CONSTRUCT

Use 5/8" seam allowances.

- Align one exterior and lining upper with right sides together; pin the inside and outside edges. Stitch the inside edge (B).
- Trim and notch the seam allowances. Unpin the outer edge, and then turn the uppers right side out; press.
- Unfold the uppers along the short straight edges. Align the exterior and lining uppers along the heel edge, matching the seamlines; pin (C).
- Stitch, and then press open the seam allowances. Press the exterior and lining uppers with wrong sides together.
- · Apply fabric glue along the exterior- and lining-upper outside edge on the wrong side; finger-press (D). Allow the glue to completely dry.



- Once dry, turn the upper lining side out. Position the exterior sole on a flat surface with the right side facing up. Position the upper over the exterior sole, aligning the exterior upper fabric with the exterior sole right side, and aligning the toe and heel centers; pin **(E).**
- Stitch, and then try on the shoe and make any necessary fitting adjustments. Once satisfied with the fit, trim the seam allowances and turn the shoe right side out.
- Repeat to construct the remaining shoe.
- Trim the foam insoles to fit the inside the shoes.
- Position the lining soles wrong side up on a flat work surface. Apply fabric glue to the corresponding foam insole right side and center over the lining sole; finger-press to secure. Apply glue to the lining sole outer-edge wrong side. Wrap the lining sole edges toward the insole wrong side; finger-press to secure.
- Once dry, apply fabric glue to the insole wrong side (F). Place into the shoe; finger-press to secure.
- From the rubber soles, cut a sole pair using the sole pattern piece, making sure to flip the pattern to cut one left sole and one right sole. Trim and sand the sole edges until they're smooth and match the shoe soles.

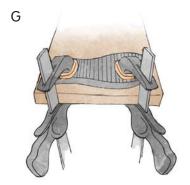
• Apply contact cement to the rubbersole wrong side and place onto the corresponding shoe sole wrong side. Turn the shoes with the rubber sole facing up and clamp onto a plywood board to dry (G).

#### DESIGN

Flower design: Download the design for free from cmemag.com/freebies until Aug. 31, 2015. Purchase the design at etsy.com/shop/ membroiderygeek after the expiration date.

#### SOURCE

MEmbroidery Geek carries rubber soling: etsy. com/shop/membroiderygeek.





### backpack

#### BY NICKI LAFOILLE

Create a sturdy backpack for back-to-school kids or for your overnight supplies.

#### **MATERIALS**

- +1 yard each of print cotton fabric & cotton lining fabric (See "Sources.")
- + Eight 3/8"-diameter grommets (See "Sources.")
- +1 yard of 1/4"-diameter cord
- + Two 5" lengths of 3/4"-wide elastic
- +Lightweight fusible interfacing
- + Lightweight tear-away stabilizer
- + Thread: bobbin, embroidery & matching all-purpose
- + 3/4" diameter magnetic snap
- +5" length of 1"-wide white grosgrain ribbon
- + Removable fabric marker
- + Cord stopper
- + Seam sealant (optional)
- +Embroidery design (approximately 5"x5½")

#### **PREPARE**

*Use 1/2" seam allowances unless otherwise noted.* 

- Download the backpack pattern from cmemag.com until Aug. 31, 2015.
   Find the pattern at shopsewitall.com after the expiration date. Print, and then cut out the pattern.
- From the print cotton fabric, cut one body and two 8"x24" rectangles for the straps. Cut one flap rectangle

- large enough to be hooped and at least 8"x10½".
- From the lining, cut one lining body, two pockets and one flap.
- From the interfacing, cut one lining body.
- Fuse the interfacing body to the lining-body wrong side following the manufacturer's instructions.
- With wrong sides together, fold each strap in half lengthwise; press, and then unfold. Fold each long edge to abut at the center fold; press. Fold each short end ½" toward the wrong side; press. Fold along the center foldline. Stitch the long open edge.

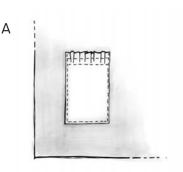
#### **EMBROIDER**

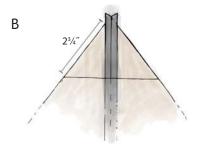
- Hoop the flap rectangle with a piece of stabilizer. Load the design onto the machine. Thread the bobbin with bobbin thread and the needle with the first thread color.
- Place the hoop onto the machine. Embroider the design. Remove the hoop from the machine and the fabric from the hoop. Tear away the stabilizer from the design wrong side.
- Center the flap template over the embroidered rectangle, positioning the design lower edge 1½" from the flap lower edge; pin. Trace, and then cut out the flap.

#### CONSTRUCT

• With right sides together, fold one pocket rectangle in half widthwise. Stitch the raw edges, leaving a 4" centered opening along one edge for turning. Clip the corners, and then turn the pocket right side out. Fold the opening seam allowances ½" toward the wrong side; press.

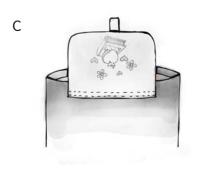
- Align one elastic short end with one pocket edge, ¼" below the fold. Pin the opposite elastic end to the opposite pocket edge.
- Select a medium-width and length zigzag stitch on the machine. Stitch each elastic long edge, stretching the elastic to match the pocket width.
- Select a long basting stitch on the machine. Edgestitch the pocket lower edge. Pull the bobbin threads to evenly gather the pocket lower edge to measure 6". Repeat to stitch the remaining pocket.
- Place the fabric body rectangle right side up on a flat work surface. Measure and mark 8½" from each short edge and 5" from the lower edge. Center one pocket lower edge over each mark. Edgestitch the pocket sides and lower edge (A). Remove the basting stitches.
- Place the main-fabric flap right side up on a flat work surface. Align one ribbon raw edge with the flap curved-edge center. Align the lining flap right side down over the flap and ribbon; pin. Stitch the perimeter, leaving a 4" centered opening along the straight edge for turning. Clip the corners, and then turn the flap right side out. Fold the opening seam allowances ½" toward the wrong side; press.











- Install the male magnetic snap on the ribbon right side, centered 1¾" from the ribbon end following the manufacturer's instructions. Fold the ribbon toward the wrong side just below the snap. Edgestitch the ribbon perimeter, making sure not to hit the snap prongs.

- Install the female snap according to the pattern marking, following the manufacturer's instructions.
- With right sides together, fold the main fabric body in half widthwise. Stitch the long edge. Press open the seam. With the seam centered on the rectangle, press each side edge to form a crease. Stitch one short edge.
- With right sides together, fold each corner to align the side crease with the lower seam. Measure and mark 2¾" from the triangle point. Draw a line across the triangle at the point **(B).** Stitch along the line, and then trim the seam allowance to ½". Repeat to box the remaining corner.
- With right sides together, fold the lining body in half widthwise. Stitch the long edge, leaving a 5" centered opening for turning. Box the corners following the previous instructions.
- With right sides together, insert the lining into the main bag. Align the upper edges; pin, and then stitch. Turn the backpack right side out through the lining opening. Insert the lining into the main bag, folding the main bag upper edge 1" toward the lining; press.

- Mark the flap center along the straight edge. Align the flap mark with the backpack seam with the lining facing the backpack fabric and the flap extending 1" below the backpack upper edge. Topstitch 1/4" and 3/8" from the flap edge (C).
- Align one strap end with the flap edge 2" below the backpack upper edge on the back. Stitch 1/4" and 3/8" from the end. Align the remaining strap end 5" above the backpack lower seam. Stitch ¼" and ¾" from the end (D). Repeat to attach the remaining strap.
- Mark the backpack at the center front. Mark the grommet placement ½" from the upper edge and 2" from each side of the center mark. Make six additional equidistant marks along the backpack upper edge. Install one grommet centered over each mark according to the manufacturer's instructions.
- · Thread the cord through the grommets. Thread each cord end through the cord stop, and then knot each cord end. Apply seam sealant to the cord ends to prevent fraying, if desired.

D

### pencil case

#### BY STACY SCHLYER

Make a versatile bag that's great for carrying cosmetics and toiletries.

#### **MATERIALS**

- +8"x12" rectangle each of exterior fabric, lining & fusible interfacing (See "Sources.")
- + 14"-long zipper
- + Thread: bobbin, embroidery & matching all-purpose
- +Lightweight tear-away stabilizer
- + Removable fabric marker
- + Point turner or chopstick
- + Temporary spray adhesive
- + Rotary cutting system (optional)
- + Embroidery design (approximately 2"x7½")

#### **EMBROIDER**

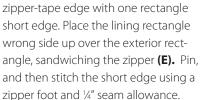
- Fuse the interfacing to the liningrectangle wrong side, following the manufacturer's instructions; set aside.
- Mark the design center centered on the exterior-fabric right side 2" from one long edge.
- Hoop a piece of stabilizer. Draw
  the hoop centerlines onto the stabilizer. Center the exterior fabric right
  side up over the stabilizer, aligning
  the centerlines. Use temporary spray
  adhesive to secure.
- Load the design onto the machine.
   Thread the bobbin with white bobbin thread and the needle with the first color.
- Embroider the design, changing thread colors as needed.



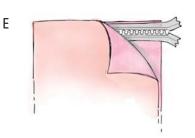
 Remove the hoop from the machine and the fabric from the hoop. Tear away the stabilizer from the design wrong side.

#### **CONSTRUCT**

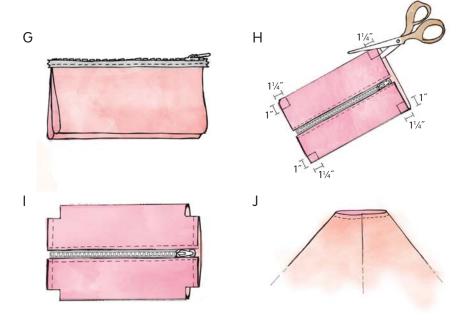
 On a flat work surface, place the exterior rectangle right side up. Position the zipper right side down, aligning the



 Turn the fabrics right side out; press, and then topstitch 1/8" from the zipper seam (F).









- Repeat to stitch the opposite zipper tape to the remaining exterior and lining short edges (G).
- Turn the bag right side out, centering the zipper and aligning the exterior and lining raw edges. Orient the zipper stop at the lower-edge center; press flat.
- Measure 1¼" up from the bag lower edge and 1" from one folded edge at each corner; mark. Cut away each rectangle (H).
- Unzip the zipper halfway. Turn the bag wrong side out. Stitch across each short edge, and then trim of the excess zipper tape (I). Sergeor zigzag-finish the seams.
- To box the lower-bag corners, align the seam with one bag-side foldline. Stitch across the raw edge (J). Sergeor zigzag-finish the seam. Repeat to stitch the remaining corners.
- Turn the bag right side out. Using a point turner or dull chopstick end, poke out the corners; press. 🚱

#### **DESIGNS**

Apple: Embroidery Library, Back to School Apple (medium): emblibrary.com

Pencil Case: Embroidery.com, Crayon pencil ruler eraser border (AIMBS23): embroidery.com

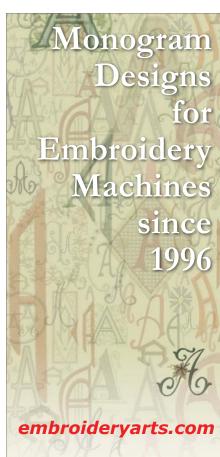
#### SOURCES

Coats & Clark provided the polka dot zipper: makeitcoats.com.

Dritz provided the grommets: dritz.com.

Robert Kaufman provided the Manchester, Evening by Darlene Zimmerman from Betty Dear 2 and the White fabric by Carolyn Friedlander from Widescreen: (800) 877-2066, robertkaufman.com.







with the addition of 64 NEW cotton colors. Now there are 130 ways to **Express Yourself!** 

Shop Our

New Website

for All Your

Embroidery Essentials

www.sulky.com

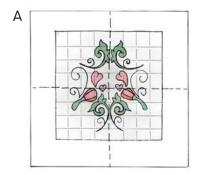


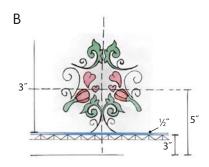


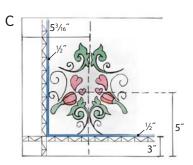


# Q&A by Pamela Cox









#### DEAR PERFECT PLACEMENT,

As with most steps in machine embroidery, there are several ways to accomplish a goal, beginning, in this case, with the many commercial tools available on the market. Special rulers, stickers, templates, forms to drape ready-made garments on, laser lights and even computer software are all available to aid in perfect design placement.

Many of the more sophisticated embroidery machines are equipped with some type of "exact positioning" function, which is a valuable feature. Many editing programs offer printable templates, including grid lines that help keep designs straight.

No matter which aid is used, the bottom line is that proper design placement boils down to math. Mathematics doesn't need to be a scary concept, and soon it will become not only your best friend, but an invaluable necessity, especially when combined with one of the previously mentioned tools for a checks and balances method.

All embroidery designs provide their dimensions, allowing the design center to be located by dividing each measurement in half. For the following examples, the design is 2.9mm (3") tall and 3.34mm ( $3\frac{3}{8}$ ") wide.

The simplest design placement is one centered on a square. Locate the center of any square by folding it into quarters and marking the intersecting lines. Hand baste lines along the full length and width of the square to help keep the fabric straight during the hooping process (A). Place the hoop on to the machine, match the design's needle center position to the stitching intersection and the design will be perfectly centered on the square.

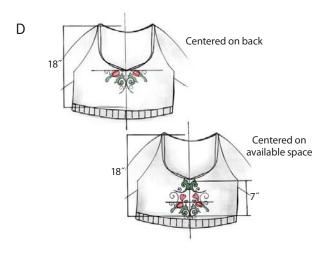
Using this same square, add a 3" decorative hem/border to the lower edge, much like a towel might have. The 3"-high embroidery should be stitched above the border with at least  $\frac{1}{2}$ " between the design's lowest point and the decorative-border upper edge. Use the following formula to determine the design placement: 3" hem +  $\frac{1}{2}$ " space +  $\frac{1}{2}$ " (half the design's height) = 5". The embroidery design center will be placed 5" above the fabric lower edge **(B).** 

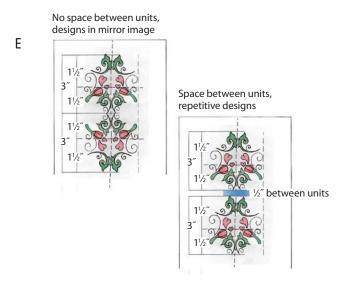
These examples are very basic, but the principles hold true to all design placements. Know the design size, understand where the design outer edges should be placed, and measure accordingly.

To place the same design in the corner of a place mat with a 3" hemstitched border along the perimeter, determine the placement from the left edge using the following formula: 3" hem +  $\frac{1}{2}$ " space +  $\frac{1}{1}$ %6" (half the design's width) =  $5\frac{3}{16}$ ". The design will be placed 5" above the lower edge and  $5\frac{3}{16}$ " from the left side **(C).** 

In addition to the math, printing actual-size templates offers a wonderful visual aid to ensure that decorative edges are cleared. The exact positioning feature on the machine also affords the ability to check the design's outer points prior to stitching and to confirm the design's relationship to the hemstitching. Using more than one method may be a bit time consuming, but it's also the key to ensuring proper placement.

Exact design placement is a skill, and one which must be that's developed over time. However, determining where to actually place a design is an expertise of vital importance, and a competence that must also be understood and mastered.





Most of us think embroidery needs to be centered. "Centered" is also a perception based on the design's relationship to available space. Using a hooded sweatshirt as an example, consider a design centered on the back panel. When stitched out, the embroidery would be mostly covered when the hood, often not in use, drapes down the back. However, if the space below the draped hood became the available space, the embroidered design would show nicely whether or not the hood was in use **(D).** 

Borders, or straight-line embroidery, can be successfully stitched on ready-made items, such as a place mat, or projects made from scratch, such as the vertical center of a blouse or a dress hem. The only technical difference is that a completely handmade item is first embroidered on a section of fabric cut slightly larger both in width and length than the required pattern piece, while the ready-made item is embroidered within existing restrictions.

For borders or straight-line embroidery, use hand-basted guidelines as the first placement aid. Mark the design center along the entire length of the required stitching area and beyond, if the fabric allows. It's also wise to mark one edge where a single point in each element should touch, such as the outermost point of the unit. However, it can also be a specific point within the design, such as the center of a flower.

With these guidelines in place, embroider the first unit, leaving enough space around it for any pattern pieces, if applicable. Once the first unit is stitched, remove the stabilizer from the design wrong side and press the embroidery right side down over a terry cloth towel. Then measure for the second unit. If elements will touch, measure half of the next unit's height from the embroidered design edge. If space

is required between elements, mark the desired space, and then measure half of the next unit's height from the space edge **(E).** 

Practice always makes perfect. Using two or more placement methods for each design location, such as templates with measuring, exact positioning with measuring, laser lights with basted lines and measuring, ensures perfection. Math is usually also a part of the placement prescription. Measurements spot the design extremely close to the desired location, while exact positioning or a printed template adjusts the placement down to the last millimeter.

Where to actually place a design on any project needs to be is best thought out beforehand. Considering machine embroidery is always a focal point—meaning it draws one's eye directly to it—and design placement can either enhances a garment/project or diminishes the entire endeavor.

Consider a ready-made place mat as another example. If the design is centered, the table setting looks beautiful. However, when the dishes are served, the plate conceals the design.

Women's garments in particular require proper design placement. A single design stitched right at the bustline is never a good idea. Consider placing designs a few inches above the bustline and off center toward the shoulder; below the bustline; closer to the waist toward the side seam; or choose a design that flows from the shoulder over the bustline down into the waist. Embroidery should and usually does attract attention, so it's best to ensure the attention goes exactly where you want it.

#### DESIGN

Graceful Embroidery, Folk Roses 1 collection; gracefulembroidery.com







# Personalize your space with DIY UPHOLSTERY!

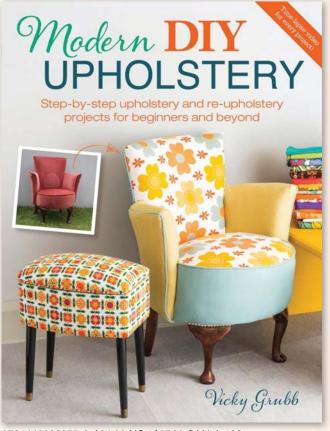
A bright and accessible guide for sewers of all skill levels, *Modern DIY Upholstery* delivers a chic aesthetic that will have you creating Pinterestworthy upholstered furniture in no time flat. Setting itself apart from the dry, highly-technical upholstery manuals that have come before, this book uses fantastic on-trend furniture pieces found at antique markets and thrift stores while covering off upholstery basics...*like the oh-so-important fabric choice*. Projects include a vintage storage box, a fluted headboard, loveseat and more!

Bonus time-lapse video for each project included

www.interweavestore.com







9781446306055 | \$24.99 US / \$27.99 CAN | 128 pages

# what's in Store

Find more great content at cmemag.com!

#### design it

Download this month's free embroidery design. Find the entire collection on shopsewitall.com.



#### make it

Buttons, trims, cheery appliqué and embroidery combine to make these whimsical zippered pouches. They're simple



to make and easy to give. Download the entire project at tiny.cc/zippy.

# Bead Embroidery Stitch PREMIUM COLLECTION

### shop it

Find embroidery, craft and sewing books to keep your skills up-to-date or to learn a new complimentary craft. Machine

embroidery projects are enhanced with delicate beads and fine details. Get all the how-tos for adding beads to embroidery with the Bead Embroidery Stitch Premium Collection now at tiny.cc/beading.

#### win it

Explore the CME Editor's blog and find the best embroidery tips, exclusive content, tutorials and giveaways!

Enbroidery





"Like" Creative Machine Embroidery at facebook.com/ creativemachineembroidery.



Follow us at twitter.com/ cmemag.



Check out our pins at pinterest.com/ cmemagazine.



Post photos of your embroidery projects at flickr.com/groups/ cmemag.



# **SEWITALL**

must haves & cool tools for sewing success

Order exclusive kits, books, patterns & more today at **ShopSewItAll.com**.



SEW IT ALL: LEARNING & REFERENCE MANUAL E-BOOK

Item# T6604 \$8.99



SEA CREATURES PILLOW KIT

Item# SN150502 \$59.99



SEW IT ALL: MACHINE BASICS WITH 3 STARTER PROJECTS E-BOOK

Item# T6605 **\$8.99** 



SEW IT ALL BABY: 6 PROJECTS FOR BABIES, THE NURSERY & MORE

Item# T6606 \$8.99



SEW NEWS
PATTERN
COLLECTION
\$4.99 each

Item# SIAB1439

Collar Me Cute



SEW NEWS JUNE/JULY Item# SN10615 \$5.99



SEW IT ALL DVDs SEASONS 6-8

Item# SWALLCD6, SWALLCD7, SWALLCD8 \$29.95 EACH

Celebrate

Independence
Day with the CME
FIREWORKS
COLLECTION.

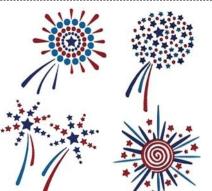


EMBROIDERY ESSENTIALS KIT

Item# CME150801 **\$44.99** 









Place designs on napkins, tablecloths, aprons and grill covers for an outdoor party to remember.

Item# CMEFIREWRKS **\$15.00** 







In each video of this series, you'll learn the steps to create new, exclusive projects created **especially for you** by top artists and designers in the sewing industry. Each video takes you through a project from start to finish in a fun, exciting way that helps navigate challenging techniques and guides you to the finish line.







**Join us** on June 22 to watch four videos featuring Jennifer Paganelli and Carla Crim, the team behind

Sis Boom Pattern Co., as they walk us through four exclusive project kits featured at right. Visit **shopsewitall.com** to find the kits, patterns and videos. We look forward to sewing with you!





The Peggy Party Runner





Find Jennifer Paganelli & Carla Crim's autographed books (Girls' World, Happy Home and Essential Sewing Reference Tool) only at shopsewitall.com. Limited quantities are available!



Go to:
http://bit.ly/craftnow



Use CODE: **SEWITUP** to activate your FREE Month Trial

# SHOP \* LEARN \* SMILE



Sewing & Quilt E • X • P • Osm

# ORIGINAL 3 Full Days -



### (and shop some more)

Stock up for a year's worth of creative fun! Fabrics, notions, tools, ideas, inspiration and know-how.

## ecotion (it's a maker's lifestyle)

Learn from the best: hone skills, learn something new and refresh your creative life in workshops and seminars.

### (satisfaction guaranteed)

Meet trendsetters, see trunk shows on stage, gather inspiration on a walk through the amazing quilts on display and more...

#### **JOIN US!**

Fredericksburg, VA

Minneapolis, MN

Atlanta, GA

Lakeland, FL

Cleveland, OH

Worcester, MA

Fredericksburg, VA

Minneapolis, MN

October 1, 2 & 3, 2015

November 12, 13 & 14, 2015

March 10, 11 & 12, 2016

March 17, 18 & 19, 2016

March 31, April 1 & 2, 2016

April 7, 8 & 9, 2016

September 29, 30 &

October 1, 2016

November 10, 11 & 12, 2016

More 2016 events to be announced!

sewingexpo.com 800.699.6309















JANOME







www.emblibrary.com

Always Fresh, Always Beautiful

embroideryLibrary